



MENU

NOVEMBER

LUNCH:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
Lunch: Ground Turkey Tostadas Pinto beans Veggies and Fruit	Lunch: Chicken Sandwich Baked Chips Veggies and Fruit	Lunch: Spaghetti with Meat Sauce Dinner Roll Veggies and Fruit	Lunch: Chicken Soft Tacos Pinto Beans Veggies and Fruit	Lunch: Cheese Quesadilla Spanish Rice Veggies and Fruit
4	5	6	7	8
Lunch: Chicken Tenders Sweet Potato Fries Veggies and Fruit	Lunch: Pepperoni Pizza Veggies Fruit	Lunch; Chicken Alphabet Soup Wheat Crackers Veggies and Fruit	Lunch: Cheeseburger Curly Fries Veggies and Fruit	Lunch: Bean and Cheese Burrito Spanish Rice Veggies and Fruit
11	12	13	14	15
Lunch: Chicken Alfredo Dinner Roll Veggies and Fruit	Lunch: Beefy Cheese Nachos Pinto Beans Veggies and Fruit	Lunch: Teriyaki Chicken Brown Rice Egg Roll Veggies and Fruit	Thanksgiving Lunch: Sliced Turkey Mashed Potato Biscuit Veggies and Fruit	Lunch: Hot Dog French Fries Veggies and Fruit
18	19	20	21	22
NO SCHOOL!	NO SCHOOL!	NO SCHOOL!	NO SCHOOL!	NO SCHOOL!
25	26	27	28	29
			HAPPY THANKSGIVING!	

Lunch/Weekly
Options:

- Fresh/Canned fruit
- Salad
- Mixed veggies
- Milk: Chocolate flavored, fat free & 1 % white.

"This institution is an equal opportunity provider."

MENU TEMPLATES CREATED BY CHEF ANN FOUNDATION

EAT MORE
FRUITS AND
VEGGIES!



November 2024